



# *EQUIPPING THE SAINTS*

## **Discipling Plan**

### **How To Use The Discipling Plan**

*Equipping The Saints* is a discipleship life preparation system which equips people to walk with God and to be effective in the winning and discipling of others.

In Book One you began praying for two people to win to Christ and for one person to disciple. In lessons 1/6 - 1/8 you learned to do evangelism by practicing the “Bridge” within your *ETS* group. By lesson 1/10 you were to be sharing the “Bridge” outside of the group.

During the 16 lessons of Book One you were to establish a close relationship with at least one of your Christian friends who was not growing as they should be in their spiritual life. While building this relationship you were to be laying the foundation for them to begin the *ETS* life preparation system training under your leadership.

Now, as you begin Book Two, not only are you responsible for your own walk with God, but it is your responsibility to become a discipler by guiding someone else through Book One. In an effort to help you plan each session with your new disciple, we have designed a tool called the *Discipling Plan*. An example of this plan is included in lesson one to assist you in the use of this tool.

### **Prayer**

As you begin to fill out your Discipling Plan, ask God to give you wisdom beyond your own human wisdom and understanding. You are entering one of life’s most important responsibilities—*co-laboring with God to make a disciple*. Don’t launch out in the flesh and do this in your own strength. Ask God to sanctify your understanding and imagination, and trust Him to give you wisdom as you begin to apply the principles you have been learning in your *ETS* discipleship preparation studies.

God will give you insight and ideas which others will not even think of if they are not asking God for His divine assistance. Only God can bind Satan. Once Satan is bound, God uses His disciples to rescue those who have been bound by the enemy so that they are free to join in the building of His Kingdom. Remember, Satan is a faithful adversary who is working overtime to make sure that your efforts fail, and nothing would please him more than to see you depending upon the human energy of your own flesh when attempting to assault his kingdom.

Your prayers for this exciting adventure may well be the difference between success and failure. God says in Jeremiah 33:3 “Call to Me, and I will answer you, and show you great and mighty things, which you do not know.”

## **Lesson Objective**

Each week as you meet with your disciple, or disciples, you must be very clear just what it is that you are trying to accomplish. This is to be stated in the *Lesson Objective* section of the Discipling Plan. Notice in the example that we are not settling for cognitive knowledge, but that the principles taught become a reality through reproduction in the life of a least one other person.

## **Activities and Tools**

Under the *Activities* section of the Discipling Plan we have listed the various components from the Disciples Application Guide found at the beginning of each lesson. Each session you select the various “tools” which make up the lesson and write them in under *Review* or *Teach* section.

## **Time and Plan for Activities**

Each session with your disciple should be well planned. In this section decide what activities will take place, and how much time will be devoted to each. Remember, during Book One, one-half of your time should be spent on accountability for last week’s application; the other half on instruction for this week’s lesson.

## **Discussion Questions**

This section is for you to write the discussion questions for any outside reading which the students are to come ready to discuss. Once a set of questions have been designed which extract the principles from the reading you simply record them here. In the future, as you teach this lesson, you need not re-read the material—simply refer to this guide.

## **Instruction**

This section is to be used when you have special instruction about some aspect of the course, and have no specific place to record these thoughts to your disciples .

## **Evaluation**

At the end of each session evaluate how the plan went, and make note of any changes that should be made to make the session more effective.

## **Follow-Up Needed**

Follow-up is a very important part of discipling. As a reliable discipler it will be your responsibility to follow-up on things that your disciples ask you about, or something which you are to do or bring the following week. In the *Follow-Up Needed* section, simply make a note of these commitments and each week as you plan the new session look back at this portion of the plan to make sure you don’t forget whatever you have committed yourself for the week before.



# EQUIPPING THE SAINTS

11  
Date/Lesson

## Discipling Plan

Trainer \_\_\_\_\_

Disciple \_\_\_\_\_

**Lesson Objective:** To introduce the course and class procedures of Equipping The Saints. To help my disciples understand the material on "Perspective" and work with them until the principles become a reality in their lives and they are reproducing this into the lives of their disciples four generations deep.

Activities	Tools	
	Review	Teach
Prayer		
Lesson		"Perspective"
Bible Study		
PSMA		
Reading		
Evangelism/Discipleship		Fill out Ministry Prayer Guide
Scripture Memory		

Time	Plan for Activities
7:00 - 7:05	Greetings and Prayer
7:05 - 7:25	Group Introduction (Have everyone share)
7:25 - 7:35	Go over Class Procedures
7:35 - 8:25	Teach or Discuss Lesson on "Perspective"
8:25 - 8:30	Go over Application Assignments

Application	Assignment
Lesson	Review "Perspective"
Bible Study	Read and be ready to discuss "Born to Reproduce"
PSMA/Reading	Fill out Ministry Prayer Guide
Ministry	Ephesians 4:11,12
Scripture Memory	

## Discussion Questions For Readings/Instructions

### Discussion Questions:

### Instruction:

Class Procedures

1. Be on time and in your place by 6:59 p.m.
2. Have application guide completed and ready to hand in.
3. Let us know if you are not able to attend.
4. Be honest and transparent about yourself. We are trying to help.
5. Sessions in Book One will be divided into two parts—Accountability and Instruction.

### Evaluation:

### Follow-Up Need for next week:



# EQUIPPING THE SAINTS

\_\_\_\_\_ Date/Lesson

## Discipling Plan

Trainer \_\_\_\_\_

Disciple \_\_\_\_\_

**Lesson Objective:**

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### Activities

### Tools

	Review	Teach
Prayer		
Lesson		
Bible Study		
PSMA		
Reading		
Evangelism/Discipleship		
Scripture Memory		

### Time

### Plan for Activities


### Application

### Assignment

Lesson	
Bible Study	
PSMA/Reading	
Ministry	
Scripture Memory	

## Discussion Questions For Readings/Instructions

**Discussion Questions:**

**Instruction:**

**Evaluation:**

**Follow-Up Need for next week:**